

Armstrong Girls Lacrosse  
Booster Club Minutes  
1/21/09

**Present:**

Coach: Bill Moir  
Captains: Sam Gilbert  
Parents: Chris Ryan, Jerry and Kathy Kvidera, , Judie Leutem, Mark Kocon

**Web Site:** [www.armstrongladieslax.com](http://www.armstrongladieslax.com)

**Review of Board Positions**

The club has a number of open positions. Please look on the website for descriptions of these positions. These can be filled by one or multiple people working together. Bill is talking with a few individuals for the JV/Asst Coaching positions.

**2010 Schedule**

The calendar has been updated on the web site. Look for updates as there may be changes. Captain's practice start 3/17/10 and Try Outs start 3/29/10, both running for two weeks. The mandatory Parent/Player meeting is set for Thursday, April 8<sup>th</sup> at 7:00 in the AHS Cafeteria.

**2010 Budget**

A draft budget was reviewed. The group discussed purchases that might affect the budget and how they would affect booster club fees. Bill reported that we will probably need to replace the goal nets and will split the \$500 cost with the boys lacrosse team. Also discussed was changing the banquet to a catered meal, an additional coaches salary if Bill can find two good candidates and producing a memory book, video, and/or team brochure. The varsity uniforms are scheduled to be replaced next year, for which we have money set aside. The booster club fee will not go up from last year's amount of \$75 per player.

**Web Site/Communications**

The address is [www.armstrongladieslax.com](http://www.armstrongladieslax.com). You can access this site through the Armstrong web site or go directly to this link. This will be the team's main form of communication so please go out and look around as the site already has a lot of useful information. **To ensure that you receive important team communications, go out to the web site and sign up for email notifications.** If you need something added to the web site, please contact Chris Ryan ([c-ryan@umn.edu](mailto:c-ryan@umn.edu)) or Bill Moir ([bdmoir@earthlink.net](mailto:bdmoir@earthlink.net)).

**Registration**

There are two required registrations. You will find a 2010 Player Registration form on the web site. These forms, along with the fee of \$75, will be collected at the parent/player meeting or can be mailed to the address on the form. You also must register with the school – this form is also on the web site. The AHS fee is \$200 this year. If you have registered for another sport previously in the school year, you just need to drop off the check at the Athletic Office. AHS family maximum payment is \$700. A doctor's physical is required every 3 years.

**Volunteers Needed**

We appreciate the dedication of our parent and player volunteers. There are a number of opportunities to help out with the season. See a complete list of volunteer needs on the web site. These include fundraising (Applebee's breakfast, car wash), special events (banquet, senior night, pasta feeds), and game day activities (announcing, scorekeeping). We purchased a video camera last year which is very helpful in building training and game plans. These can also be reviewed with the players so that they can

learn by watching what everyone was doing on the field. A schedule will be made for families to share the duty of videotaping each game.

### **Fundraising**

We currently have 4 fundraisers planned for the 2010 season:

Applebee's Breakfast: The club will again host an Applebees breakfast on 4/24/10 at the New Hope Applebees. Five tickets will be purchased up front by each family to be resold at \$6.00 each for a breakfast of pancakes, sausage, eggs, juice and coffee.

Car Wash: The car wash is planned for Saturday, 6/5/10. The girls always have a great time at this event, especially if it is a sunny day.

Cub Bagging: We will be scheduled for at least one day to bag groceries at Cub.

Web Site Ads: We would like to sell some ads that would run on our web site and offset the cost of the yearly fee. If you have any contacts in the surrounding community, this is a great way to advertise their business and support local athletics. The information sheet can be found on the web site.

Other ideas that have been mentioned for consideration: discount cards, Schwanns sales, and VFW Dinner. Fundraising is necessary to the program, but the season is short and we don't want to over-commit busy families. We welcome any ideas on how to handle the fundraising required to have a successful season. The goal would be to raise funds to cover necessary expenses, lower club fees, and plan events with the amount of volunteer hours in mind. Please contact Chris Ryan (c-ryan) if you have any fundraising ideas for the team.

### **Rule Changes**

There are a couple of rule changes to be aware of:

- The clock will stop after every goal, possibly adding 10-15 minutes to each game.
- In the event of a tie, the teams will play two 3-minute overtime periods (switching sides) instead of going to sudden death play.

### **Next Meeting**

Wednesday, 2/24/10, 7:00 p.m. at Chris Ryan's house

Note: This is a change from the original date of 2/17/10 as Bill Moir will not be available until after 2/18/10.